

**730 81 REHABILITATION CENTER FOR DRUGS AND/OR ALCOHOL**  
 (sq.m./SF)

This facility will provide the necessary administration, counseling, training, berthing, and recreation for rehabilitation of eligible Navy, Marine Corps and other personnel suffering from alcoholism, drug dependency and/or compulsive overeating.

A typical Alcohol Rehabilitation Center (ARC) is composed of three major components which are: Berthing, Administration, and Operational Support area. The berthing requirements for all patients are based upon the criteria for category code 721-14, Unaccompanied Personnel Housing - Bachelor Enlisted Quarters (Class A Student Barracks) in order to be compatible and consistent with the Navy's treatment modality of group therapy. Each "group sized" bay or module will accommodate 12 beds and an appropriately shared head/shower. Identical berthing modules for female patients should be provided in a separate and distinct location. The number of modules required varies with patient load. A 120 patient facility requires 12 12-bed modules; the apparent extra modules are required to accommodate female patients, patients awaiting transportation and any group overflow.

The Administration requirements are derived by using the criteria established for category code 610-10, Administration, keeping in mind that administration includes both command oriented and patient affairs.

The Operational Support Area is composed of all those remaining facilities required for the ARC to accomplish the assigned mission. Included within this area is sufficient space for the following types of functions: group therapy rooms, some with discreet observation capability; multi-purpose room, large enough to accommodate entire facility population; a visitors lounge with some privacy; traditional classrooms with audiovisual capability; library; patients lounge; secure medical exam room and a small laboratory capability; and storage space. A planning factor of 18 square meter (190 gross square feet) per patient is used to provide for these facilities. In the event that no parking is available, the criteria for category code 852-10, Parking Area, is used to determine the parking space requirements for the organizational and nonorganizational vehicles.

The following example illustrates the methodology used to determine the space requirements for a typical ARC treating 120 patients and having a staff complement of 50 personnel.

	COMPONENT	GROSS AREA
Berthing-Class A Student (Cat Code 721-14):	120 patients x 7 sq.m.(72 sf)/patient =	803 sq.m.(8,640 sf)
Net to gross conversion =	1.71 X 803 sq.m.(8,640 sf)=	1,370sq.m(14,774 gsf)
(Includes lounges, general circulation, mechanical space etc.)		
Administrative Office (Cat Code 610-10):	14 sq.m(150 gsf) X 50 personnel =	697 sq.m(7,500 gsf)
Organizational Support Area:	120 patients X 190 gsf per patient =	2,120sq.m.(22,800 gsf)
<b>Total Area for Typical 120 patient ARC =</b>		<b>4,190 sq.m.(45,000 gsf)</b>

Parking (Cat Code 852-10)

Non-Organizational		
Admin = 50pn X 60%(factor)	35 spaces	
Patient = 120pn X 75%	90 spaces	
	Total: 125 spaces @ 30 sq.m.(35 sq yds) =	3,660 sq.m.(4,375 sq yds)
Organizational		
Vans = 10pn x 75%	8 spaces @ 33 sq.m.(40 sq yds) =	268 sq.m.(320 sq yds)

**Total Parking Space =..... 3,930 sq.m.(4,695 sq yd)**

NOTE: These planning factors are the maximum space allowances for this type of facility. Smaller areas are permitted, as appropriate. However, in all cases, the berthing requirements must conform with the Class A Student space requirement as given in the criteria for category code 721-14, Bachelor Enlisted Quarters.